

This Week: November 25<sup>th</sup> – 29<sup>th</sup>, 2024. **Pre-K Thanksgiving lunch Tuesday (see Wednesday menu).**

Meal Type	Meal Component	Ages 1-2	Ages 3-5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	Fluid Milk	4 fl. oz. (½ cup)	6 fl. oz. (¾ cup)	Milk	Milk	Milk	Center closed	Center closed
	Fruit	¼ cup	½ cup	Fruit	Fruit	Fruit	Happy	
	Meat/Alternate	1 oz.	1-½oz				Thanksgiving	
	Grains	½ slice ¼ cup ¼ cup cooked	½ slice 1/3 cup dry ¼ cup cooked	WG Cheerios	Special K	Corn Chex		
<b>LUNCH</b>	Fluid Milk	4 fl.oz (½ cup)	6 fl. oz (¾ cup)	Milk	Milk	Milk		
	Vegetable	1/8 cup	¼ cup	Broccoli/cauliflower	Carrots	Yams/green beans		
	Fruit	1/8 cup	¼ cup	Fruit	Fruit	Peach cobbler		
	Meat/Alternate	1 oz.	1-½ oz	Cheese	Turkey/cheese	Turkey breast/gravy		
	Grains	½ slice ½ serving	½ slice ½ serving	Quesadillas	WG bread	½ slice WG bread		
<b>CHOOSE 2 OPTIONS SNACK</b>	Fluid Milk	4 fl.oz (½ cup)	4 fl. oz (½ cup)	Water	Milk	Close at 2 pm		
	Vegetable	½ cup	½ cup					
	Fruit	½ cup	½ cup	Tropical fruit				
	Meat/Alternate	½ oz	½ oz		Cheese sticks			
	Grains	½ slice ½ serving	½ slice ½ serving	Fig bars	Club crackers			