

# Yates Baptist Child Development Center Infant Feeding Plan

As your child's caregivers, an important part of our job is feeding your baby. The information you provide below will help us to do our very best to help your baby grow and thrive. **Page two of this form must be completed and posted for quick reference for all children under 15 months of age.**

Child's name: \_\_\_\_\_ Birthday: \_\_\_\_\_  
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Parent/Guardian's name(s): \_\_\_\_\_

Did you receive a copy of our "Infant Feeding Guide?" Yes No

If you are breastfeeding, did you receive a copy of:  
 "Breastfeeding: Making It Work?" Yes No

"Breastfeeding and Child Care: What Moms Can Do?" Yes No

## TO BE COMPLETED BY PARENT

At home, my baby drinks (check all that apply):

- o Mother's milk from (circle)  
                     Mother    bottle    cup    other
- o Formula from (circle)  
                     bottle    cup    other
- o Cow's milk from (circle)  
                     bottle    cup    other
- o Other: \_\_\_\_\_ from (circle)  
                     bottle    cup    other

How does your child show you that s/he is hungry?

How often does your child usually feed?

How much milk/formula does your child usually drink in one feeding?

Has your child started eating solid foods?

If so, what foods is s/he eating?

How often does s/he eat solid food, and how much?

## TO BE COMPLETED BY TEACHER

Clarifications/Additional Details:

At home, is baby fed in response to the baby's cues that s/he is hungry, rather than on a schedule? Yes No

### If NO,

- o I made sure that parents have a copy of the "Infant Feeding Guide" or "Breastfeeding: Making it Work"
- o I showed parents the section on reading baby's cues

Is baby receiving solid food? Yes No

Is baby under 6 months of age? Yes No

### If YES to both,

- o I have asked: Did the child's health care provider recommend starting solids before six months?

Yes No

### If NO,

- o I have shared the recommendation that solids are started at about six months.

Handouts shared with parents: