



JANUARY 2024

MENU FOR JANUARY 29th - FEBRUARY 2ND

MEALS	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Fruit Milk	Cinnamon toast Apple sauce Milk	Grits ½ cheese toast Milk	Turkey sausage biscuit Fruit Milk	Oatmeal squares Fruit Milk
Lunch	Popcorn chicken ½ slice bread Green beans Fresh fruit Milk	Spinach alfredo Pasta Broccoli Fresh fruit Milk	Turkey/chicken kielbasa & cabbage Brown rice Fruit Milk	Beef pasta n' marinara sauce California blend Fresh fruit Milk	Tuna salad Crackers Sweet potato fries Fruit salad Milk
Snack	Tortilla chips Tzatziki dip Water	Cheese cubes Crackers Water	Chex mix Fruit Water	Pretzels Hummus Water	Greek yoghurt Fig bar Water