



July 2022

MENU FOR JULY 25th – 29th

MEALS	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheese Biscuit Milk	WG Oatmeal Fresh Fruit Milk	WG Raisin Toast Fresh Fruit Milk	WG Cereal Fresh Fruit Milk	Greek Yogurt Fresh Fruit Milk
Lunch	Hamburger on WG Bun Green Beans Fresh Fruit Milk	Macaroni n' Cheese w/Plant Based Pasta Steamed Broccoli Fresh Fruit Milk	Turkey n' Cheese Wrap Lima Beans Fresh Fruit Milk	Spaghetti w/Meat Sauce Peas Fresh Fruit Milk	Tuna Melt on WG Toast California Blend Fresh Fruit Milk
Snack	Cheez It Crackers Fruit Water	Belvita Crackers Milk	CDC Trail Mix Fruit Water	Cucumber & Tomato Salad WG Crackers Water	WG Pretzels Hummus Dip Water